

Les Pavillons,
Le Morne
START / DEPART

1.8 Km Swim / Natation

**Run 12Km
Course a pieds**

**ARRIVEE / FINISH
LE MORNE**



**OCEAN
INDIAN
TRIATHLON**

13.11.2011 Ile Maurice / Mauritius

**Parcours Velo
Cycling Track
55 Km**

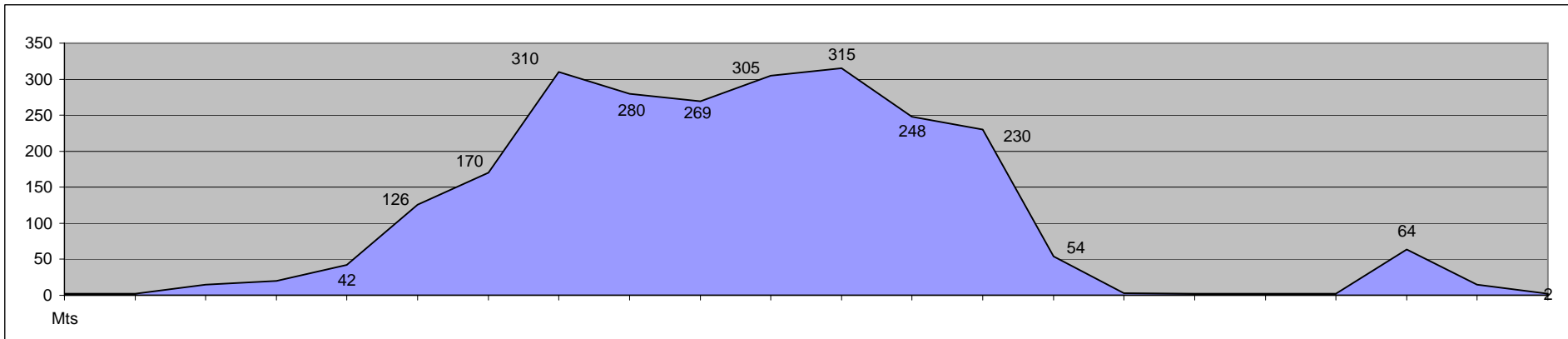


**Demi-tour velo
(ravitaillement)
U-turn cycling
(Water & fruit supplies)**





Race Profile - Cycling / distance 55 Km
Profile du parcours cycliste / distance 55 Km



Route cotière	Col de Chamarel	Village de Chamarel	Descente vers Baie du Cap	Route cotière
Coastal road	Chamarel Climb	Chamarel Village	Descent to Baie du Cap	Coastal road

Summary:
 Résumé:

Altitude Mts	2	42	126	170	310	280	269	305	315	248	230	54	64	2
Km	0	9.1	10.1	11.1	12.1	13.1	14.3	15.7	16	17.7	18.2	23.5	50.3	55

Ocean Indian Triathlon (OIT) 2011 - Ile Maurice
Ocean Indian Triathlon (OIT) 2011 - Mauritius